



Public Health Roles in Addressing HIV in Older Adults

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Training Goals and Objectives

- Understand the Age-Friendly Public Health Systems (AFPHS) movement
- Identify the 6Cs of the AFPHS Framework
- Describe strategies for applying the Framework to your work or sector



Disclosures

The speaker has no conflicts of interest to disclose.



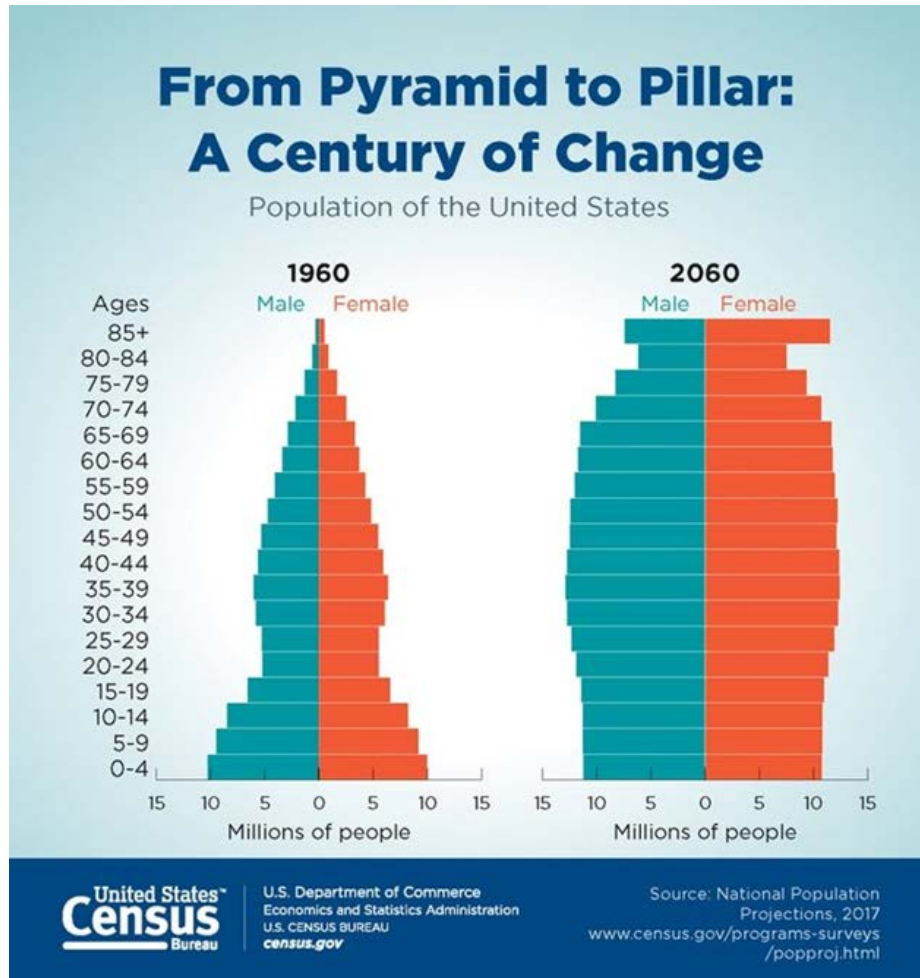
Trust for America's Health

Independent, non-partisan, public health and prevention focus:

- Advancing evidence-based policy and advocacy with an equity focus
- Improving the health of every community
- Making disease prevention a national priority



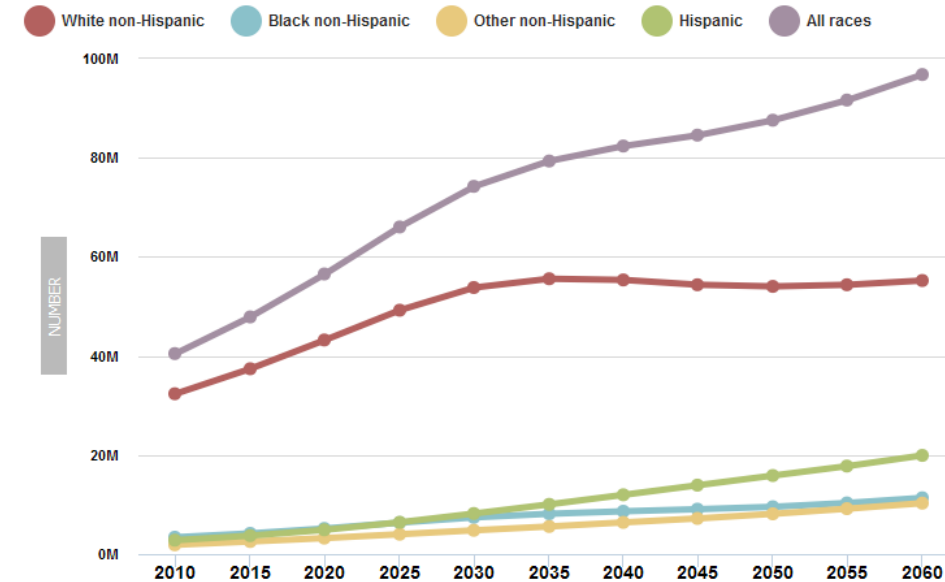
Changing Demographics



Population Projections by Age, Sex, and Race/Ethnicity

Both Sexes; 65+; United States;

2060, 2055, 2050, 2045, 2040, 2035, 2030, 2025, 2020, 2015, 2010



Source: AARP Public Policy Institute calculations based on Regional Economic Models Inc, eREMI 3.7.0 (build 4042) standard regional control.

AARP DataExplorer, <http://dataexplorer.aarp.org/indicator/156/population-projections-by-age-sex-and-raceethnicity#/trend?primarygrp=dist2&dist5=31&dist2=2,6,8,9,10&dist1=13&loc=1&tf=38,37,36,35,34,33,32,31,30,16,11&fmt=496>

Multiple Health Needs of Older Adults

10 Common Chronic Conditions for Adults 65+

QUICK FACTS



80%
have at least 1
chronic condition



68%
have 2 or more chronic
conditions



Hypertension
(High Blood Pressure)
58%



High Cholesterol
47%



Arthritis
31%



Ischemic/Coronary Heart Disease
29%



Diabetes
27%



Chronic Kidney Disease
18%



Heart Failure
14%



Depression
14%



Alzheimer's Disease and Dementia
11%



Chronic Obstructive Pulmonary Disease
11%

Source: Centers for Medicare & Medicaid Services, Chronic Conditions Prevalence State/County Table: All Fee-for-Service Beneficiaries.

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Pre-COVID-19: Limited Public Health Focus on Older Adults

The High Cost of Arthritis in the US
\$304 BILLION
 in 2013

\$140 Billion
 in Medical Costs

\$164 Billion
 in Lost Wages

That's **\$2,117** in extra medical costs per adult with arthritis

That's **\$4,040** less pay than an adult without arthritis

Physical activity programs may ease pain and reduce costs due to arthritis

Learn more about managing arthritis at www.cdc.gov/arthritis

Murphy LB, Canner MC, Potts DL, Helmick CG, Yelin DH. Medical expenditures and earnings losses among US adults with arthritis in 2013. Arthritis Care Res (Hoboken). 2017 Sep 26; doi: 10.1002/acr.23425.



HEALTHYBRAIN INITIATIVE

State and Local Road Map for Public Health, 2023–2027

ALZHEIMER'S ASSOCIATION

CDC
 CENTERS FOR DISEASE CONTROL AND PREVENTION

Falls are Preventable.

Speak up.	Keep moving.
Check your eyes.	Make your home safer.

www.cdc.gov

STEADI Stopping Elderly Accidents, Deaths & Injuries



AETC AIDS Education & Training Center Program
 MidAtlantic

What Is An Age-Friendly Public Health Department?

- Leadership and dedicated staffing
- Dedicated funding for broad healthy aging programs
- State Health Improvement Plan prioritizes healthy aging
- Formal collaboration required across agencies
- Data dashboard includes older adult health information
- Emergency preparedness planning includes older adults



The 6Cs for Creating Age-Friendly Public Health Systems



The
John A. Hartford
Foundation



The Age-Friendly Ecosystem

Sectors and Initiatives



C1: Creating and Leading Change

Work with your state or local health department to:

- Improve risk reduction and spread of HIV prevention messaging
- Provide workforce training on HIV and aging challenges and solutions, including addressing stigma and mental health
- Include HIV and aging strategies in State and Community Health Improvement Planning
- Work across the age-friendly ecosystem to better align policies and programs that support older people living with HIV (e.g., Multi-sector Plans for Aging)



C2: Connecting and Convening Partners

Work with your state or local health department to:

- Establish or strengthen partnerships across sectors (public health, health care, aging services), specifically to
 - Disseminate prevention messaging (e.g., CDC's [Regional Community Engagement Town Halls](#))
 - Enhance accessibility to screening/testing services
 - Identify and promote mental health supports



C3: Coordinate Existing Supports and Services

Work with your state or local health department to:

- Coordinate care systems from home to community to hospital
- Enhance social supports like transportation and communication
- Assess and expand mental health supports and services
- Identify funding and research needs for advocacy
- Disseminate opportunities for capacity building around prevention (e.g., CDC's [Capacity Building Assistance](#) program)



C4: Collecting, Analyzing, and Sharing Data

Work with your state or local health department to:

- Identify data points needed for accurate assessment of the health conditions and challenges of older adults living with HIV
- Develop informational pieces to educate policymakers and the public on the needs of older adults living with HIV
- Assess screening strategies to ensure equitable access to quality health care



C5: Communicating Important Public Health Information

Work with your state or local health department to:

- Develop messaging to reduce stigma and the impact of ageism on older adults living with HIV
- Disseminate suicide prevention resources
- Ensure information about screening/testing services is available in multiple languages and is culturally sensitive
- Invite community residents living with HIV to share their challenges and needs with public health decisionmakers



C6: Complementing Existing Health Promoting Programs

Work with your state or local health department to:

- Ensure consideration of the needs of older people living with HIV in all public health programs and services, such as nutrition education, heart health, diabetes prevention, physical activity and balance classes, and vaccine availability
- Analyze existing public health policies to ensure health equity is woven into all existing programs and services
- Include older adults living with HIV in emergency preparedness planning



Age-Friendly Public Health Systems Resources

- AFPHS Phase III: Public Health Institutes, State Snapshots
- <https://afphs.org/resources>
- AFPHS monthly trainings
- Public health capacity building and TA
- Other topics
 - Ageism
 - Caregiving
 - Elder abuse
 - Equity
 - Healthy aging in rural settings





Thank You!

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